

SHSU Catalog (2025/2026)

Bachelor of Science, Kinesiology				
CORE REQUIREMENTS		Department of Kinesiology		V36.294.1398 kinesiology@shsu.edu
Course	Name	Hours	TCCNS	SHSU
Communication (6 hours)				
Composition I		3	ENGL 1301	ENGL 1301
Composition II		3	ENGL 1302	ENGL 1302
Mathematics (3 hours)				
College Mathematics OR Pre-Calculus Algebra		3	MATH 1332 MATH 1314	MATH 1332 MATH 1314
Life & Physical Sciences (6 hours) ¹				
Human Anatomy & Physiology I ^{1,4}		4	BIOL 2401	BIOL 2403
Human Anatomy &	Human Anatomy & Physiology II ⁴		BIOL 2402	BIOL 2404
Language, Philosophy, & Culture (3 hours)				
Choose <u>one</u> course from your current Texas community college's core approved list.				
Creative Arts (3 hours)				
Choose one course from your current Texas community college's core approved list.				
American History (6 hours)				
United States History to 1876		3	HIST 1301	HSTY 1301
United States History since 1876		3	HIST 1302	HSTY 1302
Government/Political Science (6 hours)				
American Government		3	GOVT 2305	POLS 2305
Texas Government		3	GOVT 2306	POLS 2306
Social & Behavioral Science (3 hours)				
Choose <u>one</u> course from your current Texas community college's core approved list.				
Component Area Option Recommendations (6 hours) ²				
Choose <u>two</u> courses from your current Texas community college's core approved list.				
Lifetime Health	a & Wellness ²	1	PHED 1164	KINE 2115
MAJOR REQUIREMENTS	Full degree can be found here: https://www.shsu.edu/programs/bachelor-of-science-in-kinesiology/index.html			
Course		Hours	TCCNS	SHSU
Contemporary Biology OR			BIOL 1408	BIOL 1408
General Biology I OR General Biology II		4	BIOL 1406 BIOL 1407	BIOL 1406 BIOL 1407
	Human Anatomy & Physiology I		BIOL 1407 BIOL 2401	BIOL 1407 BIOL 2403
Human Anatomy & Physiology II		4	BIOL 2401 BIOL 2402	BIOL 2403
Chemistry or Physics Course (Select One) ¹		4	CHEM 1406	CHEM 1406
			CHEM 1411	CHEM 1411
			PHYS 1305/1105	PHYS 1305/1105
Lifetime Health & Wellness ²		1	PHYS 1301/1101	PHYS 1301/1101
		1	PHED 1164	KINE 2115

*SHSU accepts a maximum of 70 credit hours: 66 academic hours + 4 hours of activity-based physical education (kinesiology) hours. Students must earn a 2.0 minimum overall GPA in all coursework, overall major GPA, SHSU GPA, and SHSU major GPA. Must earn a "C" or better for all KINE, ATTR, and/or SPMT courses.

A minor is required for this program. The following minors cannot be paired with this degree program: Kinesiology

1 - BIOL 1408 and CHEM 1406 OR CHEM 1411 OR PHYS 1305 & PHYS 1105 OR PHYS 1301 & PHYS 1101. Satisfies Core Curriculum requirement for Component Area III (Life and Physical Science).

2 - Satisfies one hour of the Core Curriculum requirement for Component Area IX (Component Area Option)